

87th ALL INDIA RAILWAY ATHLETICS CHAMPIONSHIP-2022							
* MCFSPORTS ASSOCIATION, RAEBARELLI * 29th TO 31st AUGUST 2022*							
*** FINAL RESULTS ***							
Event # 1 MENS 100m							
+ AFI Q.S.: 10.60							
@ N.R.:AMIYA KUMAR MALLICK NEW DELHI 10.26 2016							
& I.R.:R.GNANASEKHARAN . SR 10.20 1978							
Final							
1	AMLAN BORGOHAIN	198		NFR	+1.8m/s	10.25* NR	+@
2	B.SIVA KUMAR	148		ICF		10.34	+
3	ELAKKIYADASAN .	343		SR		10.34	+
4	C. SUDHAKAR	294		SCR		10.55	+
5	AKASH .	204		NR		10.66	
6	SRINIVAS S.	299		SCR		10.71	
7	ABHINAV PANWAR	426		WR		10.85	
8	AUGUSTINE YESUDAS	380		SWR		10.85	
Heat-1							
1	AKASH .	204		NR	+0.2m/s	10.94	
2	SRINIVAS S.	299		SCR		10.97	
3	KUNAL CHAUDHARY	191		NER		11.57	
4	BIPLAB DAS	145		ER		11.93	
5	CHANDAN MAHTO	320		SER		13.03	
6	RAVINDER KUMAR	272		RB		13.21	
	BIJENDRA PANGAL	122		CR		DNS	
Heat-2							
1	B.SIVA KUMAR	148		ICF	+0.4m/s	10.55	
2	ELAKKIYADASAN .	343		SR		10.55	
3	C. SUDHAKAR	294		SCR		10.81	
4	AUGUSTINE YESUDAS	380		SWR		11.00	
5	PARMIT DAGAR	270		RB		13.02	
6	SUKOMAL PAL	195		NER		13.33	
Heat-3							
1	AMLAN BORGOHAIN	198		NFR	-0.6m/s	10.67	
2	ABHINAV PANWAR	426		WR		11.01	
3	SWAMINATHAN .	356		SR		11.03	
4	GANESH SATPUTE	124		CR		11.42	
5	K.PREM KUMAR	149		ICF		11.46	
6	PRANJWAL .	220		NR		11.97	
7	AJAY KUMAR NAIK	318		SER		12.93	
Event # 2 MENS 200m							
+ AFI Q.S.: 21.70							
@ N.R.:MUHAMMED ANAS JABLOANCE 20.63 2018							
&I.R.:M.ARUMUGAM SOUTHERN RAILWAY 21.17 Sep 2014							
Final							
1	SRINIVAS S.	299		SCR	+1.9m/s	21.10 *NMR	+&
2	AKASH .	204		NR		21.27	+
3	R.MOHAN KUMAR	152		ICF		21.42	+
4	ABHINAV PANWAR	426		WR		21.47	+
5	C. SUDHAKAR	294		SCR		21.66	+
6	GANESH SATPUTE	124		CR		23.66	
	VIKRANTA PANCHAL	229		NR		DNS	
	B.SIVA KUMAR	148		ICF		DNS	
Heat-1							
1	AKASH .	204		NR	-0.5m/s	21.67	+
2	SRINIVAS S.	299		SCR		21.89	
3	R.MOHAN KUMAR	152		ICF		21.89	
4	ABHINAV PANWAR	426		WR		21.91	
5	FAHIM ANSARI	383		SWR		23.88	
	RAVINDER KUMAR	272		RB		DNS	
	AMLAN BORGOHAIN	198		NFR		DNS	
Heat-2							
1	B.SIVA KUMAR	148		ICF	-1.4m/s	22.59	
2	GANESH SATPUTE	124		CR		23.74	
3	AUGUSTINE YESUDAS	380		SWR		23.75	
4	SUNNY B.PATIL	446		WR		25.82	

		R. RAJESH	352		SR			DNF	
		NATWAR SINGH	245		NWR			DNS	
		GAUTAM GUPTA	106		BLW			DNS	
	Heat-3								
1		C. SUDHAKAR	294		SCR		-1.8m/s	22.35	
2		VIKRANTA PANCHAL	229		NR			22.52	
3		MANIKANDA ARUMUGAM	348		SR			22.54	
4		BIPLAB DAS	145		ER			24.73	
5		NIRBHAY PRATAP SINGH	447		MCF			26.95	
		AYUSH DABAS	313		SECR			DNS	
		RAVINDER .	251		NWR			DNS	
	Event # 3 MENS 400m								
	+ AFI Q.S.: 48.50								
	@ N.R.:MUHAMMED ANAS KLDNO,CZE 45.21 2019								
	& I.R.:MANOJ LAL SOUTHERN RAILWAY 46.90 1999								
	Final								
1		R. RAJESH	352		SR			46.73 *NMR	+&
2		AYUSH DABAS	313		SECR			46.78	+&
3		VIKRANTA PANCHAL	229		NR			47.05	+
4		GAURAV .	211		NR			47.30	+
5		P. AKASH	151		ICF			48.65	
6		A. MUJAMIL	341		SR			50.41	
7		FAHIM ANSARI	383		SWR			50.60	
		R.MOHAN KUMAR	152		ICF			DNS	
	Heat-1								
1		R. RAJESH	352		SR			48.14	+
2		GAURAV .	211		NR			48.31	+
3		R.MOHAN KUMAR	152		ICF			48.64	
4		AMARNATH .	378		SWR			52.80	
5		SUNNY B.PATIL	446		WR			55.23	
		SUNIL KUMAR	275		RB			DNF	
		UTTAM KUMAR GOUDA	129		ECOR			DNS	
		SUMEET MALIK	300		SCR			DNS	
	Heat-2								
1		AYUSH DABAS	313		SECR			47.84	+
2		VIKRANTA PANCHAL	229		NR			48.15	+
3		P. AKASH	151		ICF			49.65	
4		FAHIM ANSARI	383		SWR			50.70	
5		A. MUJAMIL	341		SR			52.80	
6		MANOJ KUMAR	199		NFR			54.93	
7		D.S. RAWAT	267		RB			1:05.99	
		SANDEEP SINGH	442		WR			DNF	
	Event # 4 MENS 800m								
	+ AFI Q.S.: 1:52.00								
	@ N.R.:JINSON JOHNSAN GUWAHATI 1:45.65 2018								
	& I.R.:RAJEEV R. WESTERN RAILWAY 1:49.56 2006								
	Final								
1		AJAY KUMAR SAROJ	187		NER			1:49.51 *NMR	+&
2		RAGHURAM .	298		SCR			1:50.67	+
3		AJEET KUMAR	165		NCR			1:51.57	+
4		A. MUJAMIL	341		SR			1:53.67	
5		ARJUN KHOKAR	205		NR			1:54.81	
6		VISHWAMBER KOLEKAR	402		SWR			1:55.00	
7		DEEPENDRA YADAV	432		WR			1:55.23	
		SAJEESH JOSHEPH	354		SR			DNF	
	Heat-1								
1		AJAY KUMAR SAROJ	187		NER			1:51.41	+
2		AJEET KUMAR	165		NCR			1:52.77	
3		RAGHURAM .	298		SCR			1:56.84	
4		ARJUN KHOKAR	205		NR			1:57.86	
5		LALIT MATHUR	214		NR			2:04.76	
6		MANOJ KUMAR	199		NFR			2:09.14	
7		SANJAY MISHRA	193		NER			2:41.29	
8		NIRMAL KUMAR	269		RB			2:48.42	

Heat-2									
1	A. MUJAMIL	341			SR			2:02.87	
2	VISHWAMBER KOLEKAR	402			SWR			2:03.22	
3	SAJEESH JOSHEPH	354			SR			2:03.32	
4	DEEPENDRA YADAV	432			WR			2:03.84	
5	AJAYVEER SINGH	164			NCR			2:21.89	
6	JAYANTA BHAGAT	321			SER			2:23.90	
	SANDEEP II	254			NWR			DNS	
	UTTAM KUMAR GOUDA	129			ECOR			DNS	
Event # 5 MENS 1500m									
+ AFI Q.S.: 3:50.00									
@ N.R.:JINSON JOHNSAN NIJMEGEN 3:35.24 2019									
& I.R.:AJAY SAROJ NER 3:45.50 2017									
1	AJAY KUMAR SAROJ	187			NER			3:45.86	+
2	AJEET KUMAR	165			NCR			3:46.00	+
3	ABHISHEK PAL	119			CR			3:51.21	
4	AJAY KUMAR BIND	104			BLW			4:01.47	
5	SAJEESH JOSHEPH	354			SR			4:03.58	
6	BAHADUR PATEL	166			NCR			4:04.81	
7	DEEPENDRA YADAV	432			WR			4:06.47	
8	CHANDRAKANT M	123			CR			4:11.37	
9	RAMESH MOR	279			RCF			4:30.26	
10	PARAM .	217			NR			4:32.85	
11	SHAILENDER SINGH	194			NER			4:36.25	
12	DHARA YADAV	241			NWR			5:13.08	
13	RAMJI SHARMA	271			RB			5:50.52	
	VISHWAMBER KOLEKAR	402			SWR			DNF	
	RAGHURAM .	298			SCR			DNS	
	SHIV PRAKASH	408			WCR			DNF	
	SAHIL THAKRAN	224			NR			DNS	
Event # 6 MENS 5000m									
+ AFI Q.S.: 14:40.00									
@ N.R.:BAHADUR PRASAD BIRMINGHAM 13:29.70 25/06/92									
&I.R.:R.. CENTRAL RAILWAY 14:05.80 13-1-2009									
1	ABHISHEK PAL	119			CR			15:14.69	
2	DINESH .	314			SECR			15:16.84	
3	SANTOSH .	396			SWR			15:19.12	
4	BAHADUR PATEL	166			NCR			15:24.14	
5	AJAY KUMAR BIND	104			BLW			15:32.60	
6	VIRENDER KUMAR PAL	180			NCR			15:37.63	
7	PARMOD CHAHAR	218			NR			16:20.00	
8	PARAM .	217			NR			16:59.90	
9	BIPIN KUMAR	293			SCR			17:13.77	
10	SURESH WAGH	127			CR			17:33.37	
11	GOPAL PATEL	190			NER			17:33.77	
12	KRISHNAPPA .	436			WR			17:45.20	
13	ARVIND YADAV	311			SECR			18:18.72	
14	PRAVESH .	393			SWR			19:14.71	
	SHIV PRAKASH	408			WCR			DNS	
	RANJEET KUMAR PATEL	192			NER			DNF	
	PINTHU YADAV	297			SCR			DNF	
	ROBIN .	252			NWR			DNS	
	RAMJI SHARMA	271			RB			DNS	
	ARUN KUMAR	278			RCF			DNF	
	ATUL POONIA	431			WR			DNF	
Event # 7 MENS 10000m									
+ AFI Q.S.: 31:30.00									
@ N.R.:SURENDER SINGH VIGO-SPAIN 28:02.89 2008									
&I.R.:G.SAINI WESTERN RAILWAY 29:40.00 1980-81									
1	SANTOSH .	396			SWR			31:10.76	+
2	DINESH .	314			SECR			31:32.95	
3	VASUDEV NISHAD	179			NCR			31:51.81	
4	RANJEET KUMAR PATEL	192			NER			32:13.41	
5	RATTI RAM SAINI	222			NR			32:51.17	
6	PARMOD CHAHAR	218			NR			34:31.51	

7	ANIL KORVI	430		WR		35:22.48	
8	RAJKUMAR SINGH	176		NCR		35:39.19	
9	SANJAY YADAV	126		CR		37:38.88	
10	PRAVESH .	393		SWR		41:05.41	
	PARAM .	217		NR		DNF	
	RAVI .	315		SECR		DNF	
	BIPIN KUMAR	293		SCR		DNF	
	KRISHNAPPA .	436		WR		DNS	
	NARENDER PRATAP SINGH	244		NWR		DNF	
	PINTHU YADAV	297		SCR		DNS	
	ARUN KUMAR	278		RCF		DNS	
Event # 8 MENS 3000m Steeplechase							
+ AFI Q.S.: 9:10.00							
@ N.R.:AVINASH SABLE TOKYO 8:18.12 2021							
& I.R.:GOPAL SAINI WESTERN RAILWAY 8:48.80 1980-81							
1	ATUL POONIA	431		WR		9:09.23	+
2	SUMIT KUMAR GORAI	444		WR		9:21.19	
3	NAGRAJ KHURASEN	125		CR		9:32.07	
4	VICKEY TOMAR	302		SCR		9:48.44	
5	RAVI .	315		SECR		9:54.97	
6	DEVENDER SINGH	210		NR		10:00.31	
7	RATTI RAM SAINI	222		NR		10:08.44	
8	NARESH .	391		SWR		10:19.95	
9	SURESH WAGH	127		CR		11:21.43	
Event # 9 MENS 110m Hurdles							
+ AFI Q.S.: 14.50							
@ N.R.:SIDHANTH T. MESA 13.48 2017							
& I.R.:RAVI CHANDRAN SOUTHERN RAILWAY 14.00 1994							
1	KUNAL CHAUDHARY	191		NER	-0.8m/s	14.61	
2	PINTO MATHEW	350		SR	-0.8m/s	15.01	
3	ABHISHEK UBHE	120		CR	-0.8m/s	15.24	
4	GOPI CHAND G.	296		SCR	-0.8m/s	15.61	
5	PRAVEEN KUMAR	351		SR	-0.8m/s	15.65	
6	SUREN .	398		SWR	-0.8m/s	15.66	
	YESHUNATH .	303		SCR		DNF	
	JASHANJOT .	212		NR		DNS	
Event # 10 MENS 400m Hurdles							
+ AFI Q.S.: 51.30							
@ N.R.:A. DHURUN PATIALA 48.80 2019							
& I.R.:JASHANJOT SINGH NR 50.70 2018							
Final							
1	JASHANJOT .	212		NR		51.27	+
2	AMARNATH .	378		SWR		52.53	
3	GAUTAM GUPTA	106		BLW		52.66	
4	P. AKASH	151		ICF		53.40	
5	JAGADESH CHANDRA	384		SWR		59.61	
6	AMIT KUMAR SINGH	188		NER		1:13.19	
7	GOPI CHAND G.	296		SCR		1:13.44	
	MUSHTAQ SHAIKH	438		WR		DNS	
Heat-1							
1	JASHANJOT .	212		NR		55.78	
2	P. AKASH	151		ICF		57.41	
3	AMARNATH .	378		SWR		1:01.70	
4	AMIT KUMAR SINGH	188		NER		1:06.79	
5	MUSHTAQ SHAIKH	438		WR		1:14.35	
	JOSEPH ABRAHAM	345		SR		DNS	
	YESHUNATH .	303		SCR		DNS	
	SURENDER .	255		NWR		DNS	
Heat-2							
1	JAGADESH CHANDRA	384		SWR		58.97	
2	GAUTAM GUPTA	106		BLW		59.26	
3	GOPI CHAND G.	296		SCR		1:07.67	
4	VASHISHT KUMAR RAI	178		NCR		1:17.19	
5	AMIT PRATAP SINGH	189		NER		1:24.76	

	A. SURESH	147		ICF			DNF	
	S. VEERARAGHAVENDRAN	353		SR			DNF	
	PINTO MATHEW	350		SR			DNS	
Event # 11 MENS High Jump								
+ AFI Q.S.: 2.00								
@ N.R.:TEJASWIN SHANKAR LUBBOCK 2.29 2018								
& I.R.:HARI SHANKAR RAI EASTERN RAILWAY 2.21 2007								
1	JESSI SANDEESH	385		SWR			2.10m	+
2	GEO JOS	344		SR			2.00m	+
3	ADARSH RAM	428		WR			1.95m	
4	AJAY KUMAR	429		WR			1.85m	
5	NIKHIL CHITTARASU	349		SR			1.80m	
6	KUWAR SURJIT KUMAR SINGH	109		CLW			1.80m	
Event # 12 MENS Pole Vault								
+ AFI Q.S.: 4.40								
@ N.R.:S. SIVA JALAHALI 5.30 2018								
& I.R.:K.P. BIMIN SOUTHERN RAILWAY 5.13 2012								
1	PRASHANT KANHIYA	221		NR			4.90m	+
2	SAKTHI MAHENDRAN	355		SR			4.80m	+
3	DHIRENDER KUMAR	168		NCR			4.70m	+
4	BINEESH JACCOB	381		SWR			4.60m	+
5	J. PREETH	434		WR			4.50m	+
	K.P. BIMIN	346		SR			NM	
	DHARMA R.	295		SCR			NM	
Event # 13 MENS Long Jump								
+ AFI Q.S.: 7.30								
@ N.R.:MURALI SREESHANKAR PATIALA 8.26 2021								
& I.R.:K.PREM KUMAR ICF 8.09 2013								
1	SAHIL ..	394		SWR		+2.6m/s	7.82m	+
2	YUGANT SHEKHAR SINGH	231		NR		+1.1m/s	7.74m	+
3	NIRMAL SAHU	439		WR		+0.2m/s	7.56m	+
4	SWAMINATHAN .	356		SR		+1.1m/s	7.55m	+
5	ELAKKIYADASAN .	343		SR		+1.5m/s	7.41m	+
6	JESSI SANDEESH	385		SWR		+0.7m/s	7.16m	
7	SHAMSHEER S.E.	443		WR		-0.6m/s	7.10m	
8	RAHUL .	200		NFR		+2.7m/s	6.08m	
9	SANDEEP .	253		NWR		+2.3m/s	5.97m	
10	RABI DAS	322		SER		-0.6m/s	5.94m	
	PARMIT DAGAR	270		RB			DNS	
	ZUBER .	304		SCR			DNS	
	VIKRANTA MOR	228		NR			DNS	
	BHUPENDER SINGH	167		NCR			NM	
Event # 14 MENS Triple Jump								
+ AFI Q.S.: 15.30								
@ N.R.:RANJITH MAHESHWARI BANGLORE 17.30 2016								
& I.R.:RANJITH M. WESTERN RAILWAY 16.76 2007								
1	GAILEY VENISTER	433		WR		+0.4m/s	16.10m	+
2	KAPIL ANAND	387		SWR		+1.0m/s	15.83m	+
3	ZUBER .	304		SCR		+0.6m/s	15.39m	+
4	KAMALRAJ .	347		SR		+0.5m/s	15.29m	
5	BHUPENDER SINGH	167		NCR		+0.0m/s	15.27m	
6	KARTHIK B.I.HOLLY	388		SWR		+0.0m/s	13.90m	
7	SANDEEP .	253		NWR		+0.0m/s	13.65m	
Event # 15 MENS Discus Throw								
+ AFI Q.S.: 50.00								
@ N.R.:VIKAS GOWDA NORMAN 66.28 12-4-2012								
& I.R.:ARJUN SINGH NORTHERN RAILWAY 59.14 2006								
1	S.MITHRA VARUN	153		ICF			48.89m	
2	KARAN SINGH	435		WR			48.23m	
3	RASHPAL SINGH SOHAL	407		WCR			46.88m	
4	NAVEEN .	215		NR			46.81m	

5	SALIL CHAUDHARY	395		SWR		46.73m	
6	RAHUL KUMAR	248		NWR		43.61m	
	PARVEEN NEHRA	219		NR		DNS	
	ASHISH BALOTIA	379		SWR		DNS	
	ABHILASH SAXENA	309		SECR		DNS	
	SATBIR SINGH	273		RB		DNS	
	MD. UJAID	174		NCR		NM	
	ARJUN .	206		NR		DNS	
	NIRMAL KUMAR	269		RB		DNS	
Event # 16 MENS Hammer Throw							
+ AFI Q.S.: 60.00							
@ N.R.:NEERAJ KUMAR HYDRABAD 70.73 2016							
& I.R.:VIRENDER PUNIA WESTERN RAILWAY 66.76 1997							
1	RAVI II	316		SECR		59.96m	
2	SUKHDEV .	227		NR		58.33m	
3	BHUPINDRA SINGH	208		NR		56.48m	
4	PRADEEP KUMAR	440		WR		54.06m	
5	MEERAJ ALI	390		SWR		53.70m	
6	VIKRANTA .	401		SWR		51.74m	
7	MOHD.AJAZ AHMED	175		NCR		45.19m	
8	GURJINDER SINGH	169		NCR		43.94m	
Event # 17 MENS Javelin Throw							
+ AFI Q.S.: 75.00							
@ N.R.:NEERAJ CHOPRA PATIALA 88.07 2021							
& I.R.:OM PRAKASH DUDI WESTERN RAILWAY 77.68 2000							
1	ARSHDEEP SINGH	207		NR		74.30m	
2	ASHISH SINGH	319		SER		66.72m	
3	JITENDER YADAV	242		NWR		62.87m	
4	PARVINDER KUMAR	392		SWR		59.71m	
5	PRAVEEN KUMAR	351		SR		56.42m	
6	ABHISHEK SHETTY	427		WR		53.91m	
7	AJAY POONIA	240		NWR		46.45m	
8	ANKIT .	310		SECR		44.23m	
9	THANGARASU .	357		SR		30.69m	
	ROHIT YADAV	107		BLW		DNS	
	MANOJ KUMAR YADAV	173		NCR		NM	
	KRISHNA NAND TRIPATHI	172		NCR		NM	
Event # 18 MENS Shot Put							
+ AFI Q.S.: 16.20							
@ N.R.:TEJINDER PAL SINGH TOOR PATIALA 21.49 2021							
& I.R.:SATENDER SINGH NORTHWESTERN 19.15 2009							
1	KARANVIR .	213		NR		18.58m	+
2	ABHILASH SAXENA	309		SECR		17.36m	+
3	ASHISH BALOTIA	379		SWR		16.52m	+
4	SUNIL KUMAR (SP)	445		WR		16.41m	+
5	NAVEEN .	215		NR		15.47m	
6	AMANDEEP SINGH DHALIWAL	277		RCF		14.15m	
7	SATENDER KUMAR SINGH	177		NCR		13.82m	
8	AZAD SINGH	121		CR		13.20m	
9	MD. UJAID	174		NCR		11.95m	
	MEERAJ ALI	390		SWR		DNS	
	SHAKTI SOLANKI	317		SECR		DNS	
Event # 19 MENS 4x100m Relay							
@ N.R.:INDIAN NATIONAL TEAM DELHI CWG 38.89 2010							
&I.R.:N.RAILWAY NORTHERN RAILWAY 40.98 14-1-2009							
1	ICF					41.32	
149	K.PREM KUMAR	151	P. AKASH				
152	R.MOHAN KUMAR	148	B.SIVA KUMAR				
2	SR					41.74	
356	SWAMINATHAN .	348	MANIKANDA ARUMUGAM				
342	ARUNJITH .	343	ELAKKIYADASAN .				
3	SCR		SCR			42.12	

304	ZUBER .		299	SRINIVAS S.				
294	C. SUDHAKAR		296	GOPI CHAND G.				
4	SWR						42.37	
5	WR						44.57	
6	CR						46.94	
	NR						DNF	
Event # 20 MENS 4x400m Relay								
@ N.R.:INDIAN NATIONAL TEAM BANGLORE 3:00.91 2016								
&I.R.:S.R./ (BIBIN METHREW/SRIJTH P.S/BINISH V.B./JOSEPH ABRAHAM)								
1	NR						3:16.01	
221	PRASHANT KANHIYA		205	ARJUN KHOKAR				
226	SARTHAK BHAMBRI		229	VIKRANTA PANCHAL				
2	SWR						3:21.40	
384	JAGADESH CHANDRA		402	VISHWAMBER KOLEKAR				
378	AMARNATH .		383	FAHIM ANSARI				
3	SR						3:22.25	
348	MANIKANDA ARUMUGAM		354	SAJEESH JOSHEPH				
343	ELAKKIYADASAN .		341	A. MUJAMIL				
4	WR						3:42.93	
5	CR						3:46.06	
	ICF						DNS	
	NCR						DNS	
	NWR						DNS	
Event # 21 MENS 20000m Walk								
+ AFI Q.S.: 1:35:00.00								
@ N.R.:SANDEEP KUMAR RANCHI 1:20:16.00 2021								
&I.R.:G.SINGH NORTHERN RAILWAY 1:23:05.84 2011								
1	JUNED .	386		SWR			1:30:01.62	+
2	DEEPAK .	382		SWR			1:46:45.17	
3	ROMIT .	223		NR			1:49:34.12	
4	ASHOK KUMAR PATEL	312		SECR			2:02:56.70	
5	CHANDER DEV	209		NR			2:04:35.98	
Event # 70 MENS 35Km Race Walk								
1	EKNATH SAMBHAJI TURAMBEKAR	265		PLW			2:55:00.00	
2	MANIRAM PATEL	437		WR			3:04:00.00	
3	ROMIT .	223		NR			3:18:00.00	
4	CHANDER DEV	209		NR			3:47:00.00	
5	TEJA .	301		SCR			3:54:00.00	
	YASHWANT SINGH	256		NWR			DNS	
Event # 43 MENS Decathlon								
+ AFI Q.S.: 5500								
@ N.R.:BHARTINDER SINGH BANGLORE 7658 2011								
& I.R.:ABHISHEK N. SHETTY WR 7090 2018								
1	SUREN .	398		SWR			6468 Pts	@&
2	ABHISHEK SHETTY	427		WR			5424 Pts	+@&
3	V.V. RENESH	358		SR			4768 Pts	+@&
4	SURENDER ..	399		SWR			4485 Pts	+@&
5	THANGARASU .	357		SR			3955 Pts	+@&
6	RAMBIR SINGH	250		NWR			2783 Pts	+@&
Event # 22 WOMENS 100m Run								
+ AFI Q.S.: 12.10								
@ N.R.:DUTEE CHAND DOHA 11.22 2019								
& I.R.:CHANDRA LEKHA SR 11.47 2019								
Final								
1	HIMASHREE ROY	133		ER		+0.8m/s	11.42 *NMR	+&
2	JYOTI ..	283		SCR			11.58	+
3	CHANDRALEKHA .	325		SR			11.66	+
4	DANESHWARI .	362		SWR			11.85	+
5	NITHIYA GANDHI	405		WCR			11.89	+
6	SIMI .	377		SWR			12.03	+
7	N. SHARDHA	331		SR			12.06	+
8	TANUSHREE POREL	108		CLW			12.38	

	Heat-1								
1	JYOTI ..	283		SCR	+0.8m/s	11.88	+		
2	CHANDRALEKHA .	325		SR		11.89	+		
3	NITHIYA GANDHI	405		WCR		11.96	+		
4	SIMI .	377		SWR		12.24			
5	PRIYANKA KALAGI S.	421		WR		13.98			
6	ASHMITA DAWARE	113		CR		14.47			
	Heat-2								
1	HIMASHREE ROY	133		ER	+0.4m/s	11.82	+		
2	DANESHWARI .	362		SWR		12.13			
3	N. SHARDHA	331		SR		12.21			
4	TANUSHREE POREL	108		CLW		12.53			
5	ELIZABETH ANTHONY	414		WR		14.50			
	AKILA .	281		SCR		DNS			
	Event # 23 WOMENS 200m Run								
	+ AFI Q.S.: 24.50								
	@ N.R.:SARASWATI SAHA LUDHIANA 22.82 28/08/02								
	& I.R.:P.T. USHA SOUTHERN RAILWAY 23.30 1989-90								
	Final								
1	CHANDRALEKHA .	325		SR	+1.6m/s	23.48	+		
2	HIMASHREE ROY	133		ER		23.87	+		
3	ANJALI .	324		SR		23.95	+		
4	NITHIYA GANDHI	405		WCR		24.28	+		
5	DANESHWARI .	362		SWR		24.86			
6	PRACHI .	264		PLW		24.90			
7	TANUSHREE POREL	108		CLW		25.06			
8	ANNYASHA ROY PRADHAN	130		ER		25.57			
	Heat-1								
1	ANJALI .	324		SR	-2.1m/s	24.74			
2	HIMASHREE ROY	133		ER		25.04			
3	PRACHI .	264		PLW		25.38			
4	DANESHWARI .	362		SWR		25.58			
5	TANUSHREE POREL	108		CLW		25.91			
6	PRIYANKA KALAGI S.	421		WR		29.53			
	Heat-2								
1	CHANDRALEKHA .	325		SR	-2.2m/s	24.77			
2	NITHIYA GANDHI	405		WCR		25.31			
3	ANNYASHA ROY PRADHAN	130		ER		26.27			
4	NANHI .	155		MCF		26.55			
	AKILA .	281		SCR		DNS			
	NANCY .	263		PLW		DNS			
	SIMI .	377		SWR		DNS			
	Event # 24 WOMENS 400m Run								
	+ AFI Q.S.: 55.00								
	@ N.R.:HIMA DAS JAKARTA 50.79 2018								
	& I.R.:ROSA KUTTY SOUTHERN RAILWAY 52.54 1997-98								
1	KIRAN .	260		PLW		53.91	+		
2	SONIYA BAISHYA	142		ER		54.60	+		
3	R. VITHYA	336		SR		55.04			
4	PRACHI .	264		PLW		55.64			
5	RACHNA .	116		CR		55.71			
6	LOGANAYAKI .	366		SWR		57.44			
7	ANNYASHA ROY PRADHAN	130		ER		57.76			
8	ARSHITHA S.	412		WR		1:02.30			
	AMMU K.	110		CR		DNS			
	Event # 25 WOMENS 800m Run								
	+ AFI Q.S.: 2:15.00								
	@ N.R.:TINTU LUKA SPLIT 1:59.17 2010								
	& I.R.:ROSA KUTTY SOUTHERN RAILWAY 2:01.43 1997-98								
	Final								
1	CHANDA	403		WCR		2:03.15	+		
2	TWINKLE CHAUDHARY	290		SCR		2:04.10	+		
3	POOJA ..	307		SECR		2:04.60	+		

4	RACHNA .	116		CR		2:04.91	+
5	PRAMILA YADAV	137		ER		2:07.29	+
6	RISHU SINGH	163		NCR		2:10.36	+
7	P.U. CHITRA	333		SR		2:12.39	+
	LILY DAS	135		ER		DNF	
Heat-1							
1	RISHU SINGH	163		NCR		2:09.40	+
2	RACHNA .	116		CR		2:07.72	+
3	TWINKLE CHAUDHARY	290		SCR		2:07.44	+
4	PRAMILA YADAV	137		ER		2:07.38	+
5	CHANDA .	403		WCR		2:07.06	+
6	LILY DAS	135		ER		2:09.60	+
	PRIYA K	371		SWR		DNS	
Heat-2							
1	POOJA ..	307		SECR		2:08.28	+
2	P.U. CHITRA	333		SR		2:14.07	+
3	BABITHA .	361		SWR		2:15.95	
4	APARNA K.	112		CR		2:30.63	
	MONIKA YADAV	183		NER		DNF	
	KOMAL CHAUDHARY	232		NWR		DNS	
	MONIKA CHAUDHARY	184		NER		DNS	
Event # 26 WOMENS 1500m Run							
+ AFI Q.S.: 4:30.00							
@ N.R.:SUNITA RANI BUSAN 4:06.03 10.10.02							
& I.R.:O.P. JAISHA SOUTHERN RAILWAY 4:16.85 2006							
1	CHANDA .	403		WCR		4:28.11	+
2	ANKITA ...	111		CR		4:28.29	+
3	P.U. CHITRA	333		SR		4:28.96	+
4	POOJA ..	307		SECR		4:29.87	+
5	RISHU SINGH	163		NCR		4:31.76	
6	LILY DAS	135		ER		4:31.99	
7	TWINKLE CHAUDHARY	290		SCR		4:35.32	
8	BABITHA .	361		SWR		4:40.08	
9	KUMARI JYOTI	154		MCF		4:41.14	
10	SHIPRA SARKAR	141		ER		4:44.08	
11	MONIKA CHAUDHARY	184		NER		4:52.89	
12	PRIYA K	371		SWR		5:16.12	
13	APARNA K.	112		CR		5:24.41	
	PRITI LAMBA	285		SCR		DNS	
Event # 27 WOMENS 5000m Run							
+ AFI Q.S.: 17:00.00							
@N.R.:P.SREEDHARAN GUANGZHOU-CHINA 15:15.89 2010							
& I.R.:L. SURYA SOUTHERN RAILWAY 15:53.30 2017							
1	KOMAL .	115		CR		16:40.97	+
2	SONIKA .	289		SCR		16:41.00	+
3	CHINTA YADAV	413		WR		16:51.11	+
4	MUNNI DEVI	306		SECR		16:54.71	+
5	DIMPLE SINGH	181		NER		17:02.54	
6	REEMA PATEL	406		WCR		17:05.42	
7	SAVITA PAL	140		ER		17:11.08	
8	KIRAN ..	305		SECR		17:48.29	
9	AMRITA PATEL	410		WR		18:21.28	
	SUDHA PAL	103		BLW		DNS	
	KAVITA YADAV	159		NCR		DNF	
	VERSHA DEVI	291		SCR		DNS	
	NEENA K.T.	368		SWR		DNF	
	CHHAVI YADAV	157		NCR		DNF	
	MANJU YADAV	182		NER		DNF	
	JANA PANKAJ H	114		CR		DNF	

Event # 28 WOMENS 10000m Run							
+ AFI Q.S.: 35:00.00							
@N.R.:P.SREEDHARAN WATFORD-LONDON 31:50.47 2010							
& I.R.:L. SURYA SOUTHERN RAILWAY 32:51.89 2017							
1	ANKITA ...	111		CR		34:42.37	+
2	KAVITA YADAV	159		NCR		34:43.70	+
3	SONIKA .	289		SCR		34:44.23	+
4	PREENU YADAV	370		SWR		35:48.20	
5	SAVITA PAL	140		ER		35:55.74	
6	REEMA PATEL	406		WCR		36:41.64	
	MUNNI DEVI	306		SECR		DNF	
	AMRITA PATEL	410		WR		DNF	
	KIRAN SEHDEV	416		WR		DNF	
	DIMPLE SINGH	181		NER		DNF	
	JANA PANKAJ H	114		CR		DNF	
	KIRAN ..	305		SECR		DNF	
	MANJU YADAV	182		NER		DNF	
	SUDHA SINGH	156		MCF		DNS	
	NADINI GUPTA	161		NCR		DNF	
	SUDHA PAL	103		BLW		DNS	
	VERSHA DEVI	291		SCR		DNS	
	KUMARI JYOTI	154		MCF		DNF	
Event # 29 WOMENS 3000m Steeplechase							
+ AFI Q.S.: 12:30.00							
@ N.R.:LALTA BABAR RIO DE JANEIRO 9:19.76 2016							
& I.R.:CHINTA YADAV WR 9:59.44 2017							
1	KOMAL .	115		CR		10:05.95	+
2	PRITI LAMBA	285		SCR		10:05.99	+
3	CHINTA YADAV	413		WR		10:37.60	+
4	CHHAVI YADAV	157		NCR		10:40.33	+
5	PREENU YADAV	370		SWR		10:58.09	+
Event # 30 WOMENS 100m Hurdles							
+ AFI Q.S.: 15.00							
@ N.R.:ANURADHA BISWAL NEW DELHI 13.38 8/9/2002							
& I.R.:ANCHU M.M. CENTRAL RAILWAY 13.77 2012							
1	JYOTI ..	283		SCR	+1.8m/s	13.35 *NMR	+@&
2	SOMIYA .	288		SCR	+1.8m/s	14.14	+
3	K. KEERTHANA	328		SR	+1.8m/s	14.33	+
4	ANURUPA KUMARI	131		ER	+1.8m/s	14.43	+
5	PUSHPANJALI .	373		SWR	+1.8m/s	16.08	
6	V.K. SALINI	340		SR	+1.8m/s	16.54	
7	ELIZABETH ANTHONY	414		WR	+1.8m/s	16.71	
	MARIYA JULIET	418		WR		DNS	
Event # 31 WOMENS 400m Hurdles							
+ AFI Q.S.: 1:02.00							
@ N.R.:P.T. USHA LOS ANGELS 55.42 8/8/1984							
& I.R.:P.T. USHA SOUTHERN RAILWAY 57.60 1984-85							
1	R. VITHYA	336		SR		57.62	+
2	NANHI .	155		MCF		1:00.37	+
3	LOGANAYAKI .	366		SWR		1:01.93	+
4	V.K. SALINI	340		SR		1:03.06	
5	MADHU .	261		PLW		1:03.79	
6	ARSHITHA S.	412		WR		1:05.81	
7	ARPITHA .	282		SCR		1:06.33	
8	ANURUPA KUMARI	131		ER		1:06.78	
Event # 32 WOMENS High Jump							
+ AFI Q.S.: 1.60							
@ N.R.:SAHANA KUMARI HYDRABAD 1.92 2012							
& I.R.:ABHINAYA SHETTY WR 1.83 2022							
1	ABHINAYA SHETTY	409		WR		1.84m *NMR	+&
2	RUBINA .	238		NWR		1.79m	+
3	ANGEL P.DEVASIA	323		SR		1.73m	+

4	REKHA .	448		NWR		1.70m	+
5	JYOTI ...	364		SWR		1.65m	+
6	LAIMWN NARZARY	196		NFR		1.65m	+
	SONU .	425		WR		DNS	
	MANSI .	160		NCR		DNS	
Event # 33 WOMENS Pole Vault							
+ AFI Q.S.: 3.30							
@ N.R.:V.S. SUREKHA NEW DELHI 4.15 4-11-2015							
& I.R.:V.S. SUREKHA SOUTHERN RAILWAY 4.05 2006							
1	E. BARANICA	327		SR		4.00m	+
2	PAVITHRA .	335		SR		3.80m	+
3	KRISHNA RACHAN	417		WR		3.80m	+
4	MAIRA JAISON	367		SWR		3.40m	+
5	NISHA BANU	369		SWR		3.30m	+
6	POOJA .	136		ER		3.30m	+
Event # 34 WOMENS Long Jump							
+ AFI Q.S.: 5.85							
@ N.R.:ANJU B.GEORGE ATHENS 6.83 27/08/04							
& I.R.:RINTU METHEW WESTERN RAILWAY 6.42 2019							
1	PRIYANKA KARKATA	138		ER	+1.6m/s	6.24m	+
2	KARTHIKA .	284		SCR	+1.0m/s	6.03m	+
3	NEENA V.	332		SR	+1.7m/s	6.00m	+
4	PAVITHRA .	335		SR	+1.8m/s	5.61m	
5	SONU KUMARI	449		WR	+1.4m/s	5.50m	
6	BHAIRABI ROY	132		ER	+1.4m/s	5.48m	
7	RINTU METHEW	423		WR	+0.5m/s	5.30m	
8	PUSHPANJALI .	373		SWR	+1.9m/s	4.97m	
9	ASHMITA DAWARE	113		CR	+0.9m/s	4.30m	
	RENU .	286		SCR		DNS	
Event # 35 WOMENS Triple Jump							
+ AFI Q.S.: 12.50							
@ N.R.:MAYOOKHA JOHNY INDIA 14.11 2011							
& I.R.:AISHWARYA . SWR 13.71 2022							
1	KARTHIKA .	284		SCR	-1.0m/s	12.88m	+
2	BHAIRABI ROY	132		ER	-0.8m/s	12.88m	+
3	SIVA ANBARASI	339		SR	-1.4m/s	12.12m	
4	RINTU METHEW	423		WR	+1.7m/s	11.75m	
5	ANGEL P.DEVASIA	323		SR	+1.3m/s	10.54m	
	SONU .	425		WR		DNS	
	RENU .	286		SCR		DNS	
Event # 36 WOMENS Discus Throw							
+ AFI Q.S.: 43.00							
@ N.R.:kamalpreer kaur PATIALA 66.59 21-6-2021							
& I.R.:KAMAL PREET KAUR DMW 61.04 2018							
1	NIDHI .	404		WCR		51.72m	+
2	PARAMJOT KAUR	276		RCF		50.32m	+
3	SANDEEP KUMARI	239		NWR		49.91m	+
4	SHIVANI .	308		SECR		47.43m	+
5	SURAVI BISWAS	143		ER		43.85m	+
6	PARMILA .	234		NWR		41.64m	
7	GARIMA .	158		NCR		41.26m	
8	RASHMI SINGH	117		CR		38.90m	
9	PARBATI SETHY	128		ECOR		37.86m	
10	REKHA ..	422		WR		36.95m	
11	ANISHA DAHIYA	411		WR		30.44m	
12	SHANTHI .	338		SR		29.02m	
13	RASHMI K.	287		SCR		27.86m	
14	SRINITHI .	118		CR		25.25m	
	PRIYANKA J.S.	372		SWR		NM	

Event # 37 WOMENS Hammer Throw									
+ AFI Q.S.: 45.00									
@ N.R.:SARITA SINGH PATIALA 65.25 2017									
& I.R.:SARITA P.SINGH WR 63.57 2017									
1	SARITA P.SINGH	203		NR			60.59m	+	
2	REKHA SINGH	102		BLW			58.49m	+	
3	JYOTI .	101		BLW			55.50m	+	
4	KULVINDER KAUR	134		ER			53.62m	+	
5	ANISHA DAHIYA	411		WR			51.24m	+	
6	ATHIRA .	360		SWR			51.15m	+	
7	SNEHA JADHAV	424		WR			50.94m	+	
8	SRINITHI .	118		CR			48.83m	+	
9	SHANTHI .	338		SR			42.38m		
10	POONAM .	235		NWR			41.71m		
11	REENA .	236		NWR			39.50m		
	PANDESHWARI .	334		SR			DNS		
Event # 38 WOMENS Javelin Throw									
+ AFI Q.S.: 46.00									
@ N.R.:ANNU RANI PATIALA 63.24 2021									
& I.R.:ANNU RANI DMW 58.86 2016									
1	RASHMI K.	287		SCR			51.37m	+	
2	KUMARI SHARMILA	233		NWR			48.46m	+	
3	SWAPNA BARMAN	197		NFR			46.90m	+	
4	SARASWATHI .	337		SR			40.44m		
5	NISHA BANU	369		SWR			27.12m		
6	REKHA .	237		NWR			26.40m		
	MEGHA PARDESHI	419		WR			DNS		
	ANKITA .	310		SECR			DNS		
Event # 39 WOMENS Shot Put									
+ AFI Q.S.: 13.50									
@ N.R.:MANPREET KAUR KOLKATTA 17.96 2015									
& I.R.:HARBANS KAUR DCR 17.46 1999-2000									
1	MANPREET KAUR	262		PLW			16.54m	+	
2	PARAMJOT KAUR	276		RCF			15.61m	+	
3	REKHA ..	422		WR			13.92m	+	
4	ANAMIKA DAS	146		ICF			13.62m	+	
5	SURAVI BISWAS	143		ER			12.42m		
6	SANDEEP KUMARI	239		NWR			11.89m		
7	GARIMA .	158		NCR			11.85m		
8	SARASWATHI .	337		SR			11.21m		
9	ATHIRA .	360		SWR			10.91m		
10	RASHMI SINGH	117		CR			10.30m		
11	PRIYANKA J.S.	372		SWR			10.01m		
12	PARMILA .	234		NWR			9.26m		
13	SNEHA JADHAV	424		WR			8.72m		
14	KULVINDER KAUR	134		ER			7.45m		
Event # 40 WOMENS 4x100m Relay									
@ N.R.:INDIAN NATIONAL TEAM PATIALA 43.47 2021									
&I.R.:S.RAILWAY SOUTHERN RAILWAY 46.28 2019									
1	ER						47.62		
132	BHAIRABI ROY	142		SONIYA BAISHYA					
130	A ROY PRADHAN	133		HIMASHREE ROY					
2	SCR						47.79		
284	KARTHIKA .	281		AKILA .					
288	SOMIYA .	283		JYOTI ..					
3	SR						48.15		
331	N. SHARDHA	324		ANJALI .					
328	K. KEERTHANA	325		CHANDRALEKHA .					
4	SWR						50.49		
5	WR						52.51		
6	CR						56.20		

Event # 41 WOMENS 4x400m Relay									
@N.R.:I.NATIONAL TEAM ATHENS 3:26.89 27/08/04									
&I.R.:S.RAILWAY SOUTHERN RAILWAY 3:40.26 1997-98									
1	PLW							3:44.79	
264	PRACHI .		263	NANCY .					
261	MADHU .		260	KIRAN .					
2	ER							3:46.36	
137	PRAMILA YADAV		135	LILY DAS					
141	SHIPRA SARKAR		142	SONIYA BAISHYA					
3	SR							3:48.84	
340	V.K. SALINI		333	P.U. CHITRA					
324	ANJALI .		336	R. VITHYA					
4	SCR							3:49.38	
5	CR							3:55.24	
6	SWR							4:32.02	
7	WR							4:32.03	
	NCR							DNS	
Event # 42 WOMENS 20000m Walk									
+ AFI Q.S.: 1:45:00.00									
@ N.R.:PRIYANKA GOSWAMI RANCHI 1:28:45.00 2021									
& I.R.:BHAWNA JAT ER 1:36:16.87 2019									
1	RAVINA .	374		SWR				1:37:53.87	+
2	PRIYANKA PATEL	139		ER				1:59:26.36	
3	NEENA K.T.	368		SWR				2:04:36.29	
Event # 54 WOMENS Heptathlon									
+ AFI Q.S.: 4000									
@ N.R.:J.J. SHOBHA DELHI 6211 17.03.04									
& I.R.:G.G. PRAMILA SOUTH CENTRAL RAILWA 5657 1999									
1	SWAPNA BARMAN	197		NFR				5717 Pts *NMR	@
2	SOMIYA .	288		SCR				5321 Pts	@&
3	SONU KUMARI	449		WR				4840 Pts	@&
4	LAIMWN NARZARY	196		NFR				4644 Pts	@&
5	MANSI .	160		NCR				3899 Pts	
6	DANUSHA .	363		SWR				2785 Pts	
	MARIYA JULIET	418		WR				DNF	
	ANGEL P.DEVASIA	323		SR				DNF	
	E. BARANICA	327		SR				DNF	
Event # 71 WOMENS 35Km Race Walk									
1	PRIYANKA PATEL	139		ER				3:40:00.00	
2	RAMANDEEP KAUR	162		NCR				3:50:00.00	
	KARAMJIT KAUR	415		WR				DNF	
Event # 69 MIXED 4x400m Relay									
1	SR							3:30.53	
354	SAJEESH JOSHEPH	336	R. VITHYA						
340	V.K. SALINI	352	R. RAJESH						
2	SWR							3:35.62	
378	AMARNATH .	361	BABITHA .						
366	LOGANAYAKI .	383	FAHIM ANSARI						
3	CR							3:39.94	
119	ABHISHEK PAL	116	RACHNA .						
123	CHANDRAKANT M	111	ANKITA ...						
4	WR							4:07.01	
5	NR							4:09.06	
6	NCR							4:21.36	
	SCR							DNS	